

BY HIS STRIPES – 6

Healing – An Inside Job

PSALMS 147:3 He heals the brokenhearted and binds up their wounds.

- _____ has a hidden wound.
- Emotional wounds take _____ than physical wounds.

Exodus 15, He says, “I am Jehovah Rapha,” which means “I am the God who heals.”

1. Bring your hurts out of _____.

Psalms 39:2-3 “I kept very quiet but I became even more upset. I became very angry inside, and as I thought about it, my anger burned.”

- Be _____ with yourself.
- You have got to be honest with _____.
- Be honest with one person you _____.

Job 18:4 You who tear yourself in anger, shall the earth be forsaken for you? Or shall the rock be removed from its place?

2. Live with _____ hands – ready to _____.

Hebrews 12:15 Pursue peace with all people, and holiness, without which no one will see the Lord: looking carefully lest any one fall short of the grace of God; lest any root of bitterness springing up cause trouble, and by this many become defiled;

3. Make a daily _____: Replace your old _____ with God’s _____.

Romans 12:2 Let God transform you into a new person by changing the way you think. (NLT)

- Pray and ask, “God, would You heal my _____?”
- You need to fill your _____ with God’s word, the Bible.
- You must believe the _____ about you.

Ephesians 1:4 Just as He chose us...

4. Believe that with Jesus the _____ !

Job 11:13-15 "If you would prepare your heart, and stretch out your hands toward Him; 14 If iniquity were in your hand, and you put it far away, And would not let wickedness dwell in your tents; 15 Then surely you could lift up your face without spot; Yes, you could be steadfast, and not fear;

- _____ your heart... (v 13)
- _____ out to God. (v 13)
- _____ with sin in your life. (v 14)
- _____ toward the future without fear. (v15)

Proverbs 4:25 Look straight ahead with honest confidence. Don't hang your head in shame.

5. Let God do _____ what He has done _____.

2 Corinthians 1:4 God comforts us every time we have trouble so when others have trouble, we can comfort them with the same comfort that God has given to us.

