



# Your LifeGroup Plan

LifeGroups

The logo for Sabbath Life Group Resources, featuring the word "Sabbath" in a stylized script font inside a circle, followed by "LIFE GROUP" in bold uppercase letters and "RESOURCES" in a smaller uppercase font below it.

For people to follow you, you've got to know where you're going. Your LifeGroup Plan will become your roadmap to a successful LifeGroup. Make it yours, and get started right away. Feel free to reach out to your Community Leader if you need help getting pointed in the right direction.

**My Vision for my LifeGroup is:**

Need help filling in the blank space? That's okay. Your vision is God-inspired, needed at SAF, and vital to your LifeGroup! It's worth getting it right. Remember, LifeGroups are all about meaningful relationships, people growing, and communities changing. Use the questions below to uncover your vision. After you do, write a brief vision statement in the blank above.

*How will your group utilize your specific gifts and resources?*

*What will relationships look like in my group?*

*How will people in my group become better versions of themselves?*

*How will the community look different because of my group?*

## When we get together, my LifeGroup will:

Below are the most common parts of a LifeGroup and some information to help you fill in the blank above. The format for your LifeGroup is up to you. Mix and match these parts to write a brief description of what you'll do when you get together.

### ■ ***Talk Together***

All groups spend some time catching up with casual conversation.

### ■ ***Eat Together***

Some groups enjoy coffee, a light snack, or even a meal when they get together.

### ■ ***Have Fun Together***

Quite a few groups share an activity together like working out, riding motorcycles, yoga, or other hobbies.

### ■ ***Grow Together***

All groups make time to spur on spiritual growth through intentional discussions. Pick and choose from the discussion resources below.

- We'll use SAF Sermon Rewind to discuss the message each week.
- We'll read through YouVersion Bible Plans or an SAF approved book and discuss them together.
- We'll use the LifeGroup resources available at SAF.

### ■ ***Serve Together***

The strongest groups serve together at their campus and with local mission partners.

### ■ ***Pray Together***

All groups share each other's needs and pray together.

## If there are kids in my group, we'll:

If your LifeGroup includes young kids, you'll need a plan. Check out our 'How to LifeGroup with a Million Kids' guide for a few ideas!

**My LifeGroup will meet at a great place:**

**My LifeGroup will get together on these days at this time:**

**My LifeGroup won't be empty because I'm going to:**

Here are five ideas to help you fill in the blank above—and your LifeGroup.

1. Invite people you already know. This is by far the best place to start.
2. Sign up to serve on the Welcome Team and personally invite people.
3. Invite people with shared interests. People you serve with, work out with, pick up kids from SAFKids with, or share a hobby with.
4. Respond quickly and personally to people who inquire about your LifeGroup at [sanangelofirst.org](http://sanangelofirst.org).
5. Become a regular at a service time and invite the people you go to church with.

**I'm going to own my growth. Here's my development plan:**

Here are some ideas to help you fill in the blank above. But you've got to own it. You'll grow most when you get into the game and begin to lead your LifeGroup. As you encounter challenges and opportunities, we want you to have access to the resources you need. Below are some of those resources.

- Utilize SAF Resources, Leader Trainings, Classes (e.g. Growtrack), etc. as they become available.
- Meet with someone I trust to talk to about scripture, life, struggles, and pray with.
- Commit to read Scripture daily.
- Plan to find a mentor by a set date.

**I need to follow up with my Community Leader about:**

**Hey, you've got this.**

LifeGroups are the glue of SAF, and they don't happen without people like you who boldly step up to open their hearts, homes, and schedules to people around them. We believe in you!

*Trust God from the bottom of your heart; don't try to figure out everything on your own. Listen for God's voice in everything you do, everywhere you go; he's the one who will keep you on track. Proverbs 3:5-6 MSG*